

## **Mary Beth Meadows Bio**

Mary Beth Meadows serves as the Director of Education & Equipping at CCDA. Mary Beth earned a Masters of Science in Social Work from Columbia University School of Social Work and identifies as an abolition-centered social worker. She has been thankful to participate in community organizing, activism and advocacy, learning, and living in community in the South Bronx, Waco, Knoxville, and Chile. Mary Beth enjoys serving on the steering committee of her @CCDAKnox Local Network, as a Founding Member of the Knoxville Modern Quilt Guild, co-facilitator for the CCDA Behavioral Health Professionals Network, and volunteers for the Social Justice Sewing Academy.